

# Morning Prayer (Matins)

## Psalm(s)

Psalm 95:1-7a

**1**

O come, let us sing to the Lord;

let us make a joyful noise to the rock of our salvation!

**2**

Let us come into his presence with thanksgiving;

let us make a joyful noise to him with songs of praise!

**3**

For the Lord is a great God,

and a great King above all gods.

**4**

In his hand are the depths of the earth;

the heights of the mountains are his also.

**5**

The sea is his, for he made it;

for his hands formed the dry land.

**6**

O come, let us worship and bow down,

let us kneel before the Lord, our Maker!

**7**

For he is our God,  
and we are the people of his pasture,  
and the sheep of his hand.  
O that today you would hearken to his voice!

## Psalm 63:1-8

**1**

O God, thou art my God, I seek thee,  
my soul thirsts for thee;  
my flesh faints for thee,  
as in a dry and weary land where no water is.

**2**

So I have looked upon thee in the sanctuary,  
beholding thy power and glory.

**3**

Because thy steadfast love is better than life,  
my lips will praise thee.

**4**

So I will bless thee as long as I live;  
I will lift up my hands and call on thy name.

**5**

My soul is feasted as with marrow and fat,  
and my mouth praises thee with joyful lips,

**6**

when I think of thee upon my bed,

and meditate on thee in the watches of the night;

**7**

for thou hast been my help,

and in the shadow of thy wings I sing for joy.

**8**

My soul clings to thee;

thy right hand upholds me.

## Psalm 67

**1**

May God be gracious to us and bless us

and make his face to shine upon us, *Selah*

**2**

that thy way may be known upon earth,

thy saving power among all nations.

**3**

Let the peoples praise thee, O God;

let all the peoples praise thee!

**4**

Let the nations be glad and sing for joy,

for thou dost judge the peoples with equity

and guide the nations upon earth. *Selah*

**5**

Let the peoples praise thee, O God;

let all the peoples praise thee!

**6**

The earth has yielded its increase;

God, our God, has blessed us.

**7**

God has blessed us;

let all the ends of the earth fear him!

## Psalm 100

**1**

Make a joyful noise to the Lord, all the lands!

**2**

Serve the Lord with gladness!

Come into his presence with singing!

**3**

Know that the Lord is God!

It is he that made us, and we are his;

we are his people, and the sheep of his pasture.

**4**

Enter his gates with thanksgiving,

and his courts with praise!

Give thanks to him, bless his name!

**5**

For the Lord is good;

his steadfast love endures for ever,

and his faithfulness to all generations.

## Psalm 150

**1**

Praise the Lord!

Praise God in his sanctuary;

praise him in his mighty firmament!

**2**

Praise him for his mighty deeds;

praise him according to his exceeding greatness!

**3**

Praise him with trumpet sound;

praise him with lute and harp!

**4**

Praise him with timbrel and dance;

praise him with strings and pipe!

**5**

Praise him with sounding cymbals;

praise him with loud clashing cymbals!

**6**

Let everything that breathes praise the Lord!

Praise the Lord!

## Reading(s)

### The Song of Zechariah (Benedictus)

Luke 1:68-79

**68**

“Blessed be the Lord God of Israel,  
for he has visited and redeemed his people,

**69**

and has raised up a horn of salvation for us  
in the house of his servant David,

**70**

as he spoke by the mouth of his holy prophets from of old,

**71**

that we should be saved from our enemies,  
and from the hand of all who hate us;

**72**

to perform the mercy promised to our fathers,  
and to remember his holy covenant,

**73**

the oath which he swore to our father Abraham,

**74** to grant us

that we, being delivered from the hand of our enemies,  
might serve him without fear,

**75**

in holiness and righteousness before him all the days of our life.

**76**

And you, child, will be called the prophet of the Most High;

for you will go before the Lord to prepare his ways,

**77**

to give knowledge of salvation to his people

in the forgiveness of their sins,

**78**

through the tender mercy of our God,

when the day shall dawn upon us from on high

**79**

to give light to those who sit in darkness and in the shadow of death,

to guide our feet into the way of peace.”

## Prayer of the Day

## Other Prayers

### Collect for Grace

O Lord, almighty and everlasting God, you have brought us in safety to this new day; preserve us with your mighty power, that we may not fall into sin, nor be overcome in adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord.

Amen.

### The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,

your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

***or***

Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.